

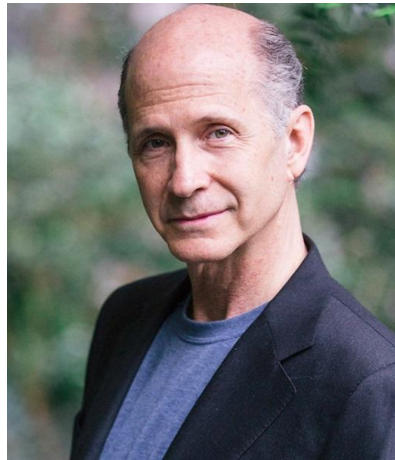
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Welcome. I know parenting (for both young and adult children) can be both rewarding and overwhelming – so congratulations for reaching out to take care of yourself on this journey. My expertise is in helping you free yourself of the sabotaging thoughts, emotions, and stress that hinder successful parenting with more love and ease. - **David Ellzey**



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### What Parent Coaching Clients are Saying:

*"The difference that this work with David has made in my family, especially in my relationships with my children, is priceless. As a mother, this is what I wanted."*

– **Niki Niknafs, California**

*"David is one of those rare master coaches ... as I navigated the complexities of a divorce, a growing career, and raising children. I can't imagine getting through it without him."*

– **Jan Nolte, Executive**

**Communications Consultant**

### Is Conscious Parent Coaching for You?

- Escape the prison of self-judgment – and parent with self-assured calm
- Support your child to blossom in their uniqueness and confidence
- Recognize the difference between over-control and appropriate guidelines
- Finally see through the lie of you “not being enough” as a parent
- Gain four key skills of parenting that you can rely on in challenging moments
- Appreciate precious times with your child before they’ve grown up and moved on
- Relax with peace of mind, knowing there is someone in your life who understands what you’re going through

Parenting, like no other part of life, offers you a unique doorway to a profound learning of yourself and what love truly means. This love is not just for your child, but for your own being. Self-honoring and parenting from who you are, not your parents or society, is the secret doorway to being the parent you wish you had as a child.

**CONSIDER: A FREE 30-MINUTE COACHING CONSULTATION WITH DAVID**

[FREE CONSULTATION  
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