



# David Ellzey

## Awakened Life

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“David is a gifted and dynamic teacher.” — Sally Jessy Raphael, Author and TV Host

“This method is one of the easiest and most powerful tools of self-improvement and spiritual growth I have ever experienced.”  
 – Jack Canfield, Best selling author, Chicken Soup for the Soul

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## Recent Seminars/Courses

**The Sedona Method®, The How to of Letting Go: The Body as the Portal to the Divine Mystery: Radiance in Body and Being: The Ocean of Now Retreat; Workplace Mastery of Emotions.**

- Self-Inquiry to discover awakened awareness
- Proven techniques for letting go
- Group processes that reveal evolution of consciousness
- Exercises for mastering emotions
- Ancient wisdom teachings of inquiry
- Movement that awakens the body and health
- Humor about ourselves and the trials of life

### Stress or Success in the Workplace

- Improve Leadership Effectiveness
- Master Emotional Intelligence
- Increase Opportunity Awareness
- Improve intra-team communication
- Stimulate Reasoning, Creativity and Problem-Solving
- Enhance Client Relationships
- Help Personnel with Calm, Well-Being, and thus, Performance

## Bio

David Ellzey’s seminars, custom courses, business trainings, and retreats offer empowering tools to release old behaviors that have unconsciously limited us most of our lives. He combines methods of ancient inquiry, guided meditation, and scientifically-proven techniques of letting go, to guide attendees to successful teamwork and individual awareness of the unlimited possibilities for happier relationships, self-love & prosperity.

### Some Clients:

- Edgar Cayce’s Association of Research and Enlightenment NYC**  
Spiritual Freedom with The Sedona Method
- United Nations Development Programme**  
Directorate Team Retreat and Year Planning
- Omega Institute, Rhinebeck, NY**  
Staff Training in Mindful Leadership
- Blue Spirit Retreat Center, Costa Rica**  
The Self-Love Retreat
- Dr James Martin Chiropractic, Sarasota, FL**  
The Detoxing of Emotions

[Contact David Ellzey: CLICK](#)

### Offerings and rates

#### Fees

Per Attendee  
or

Fixed Organizational Training Fee

#### Fee Variables

- \*Number of Attendees
- \*Level of Customization of Workshop
- \*Local or Travel Required

#### Travel Expenses

Covered by Client